

# 5 Budget 4th of July Appetizers

Pantry staples. Make-ahead. No grocery run required.

## PANTRY CHECKLIST

- ☐ Canned beans (white, black, or chickpeas)
- ☐ Mayonnaise
- ☐ Hot sauce or Sriracha
- ☐ Crackers or tortilla chips
- ☐ Olive oil
- ☐ Lemon juice or white vinegar
- ☐ Salami or canned protein (Spam or tuna)
- ☐ Cream cheese (optional -- see tip below)

### TIP:

Buy one block of cream cheese (~\$3) if your pantry is missing anything. It covers 3 recipes.

## THE 5 RECIPES

### 1. White Bean Dip

**Make-ahead: Up to 3 days ahead**

1 can white beans, drained and rinsed  
3 tbsp olive oil + drizzle for top  
2 tbsp lemon juice  
1 garlic clove, minced | 1/2 tsp salt  
Blend until smooth. Adjust acid and salt.  
Top with olive oil + smoked paprika.

### 2. Deviled Eggs With Pickle

**Make-ahead: Hard-boil 2 days ahead, fill morning of**

12 eggs, hard-boiled and peeled  
3 tbsp mayo | 1 tbsp mustard  
2 tbsp chopped dill pickles | paprika  
Mash yolks with mayo, mustard, pickles.  
Fill whites. Dust with paprika.

### 3. Salami Roll-Ups

**Make-ahead: Up to 2 hours ahead**

16 slices deli salami  
4 oz cream cheese, softened  
8 small dill pickle spears  
Spread cream cheese on salami.  
Roll tightly around pickle. Slice before serving.

### 4. Smoky Black Bean Dip

**Make-ahead: Night before (better the next day)**

1 can black beans, drained and rinsed  
1 tsp smoked paprika | 1/2 tsp cumin  
1 tbsp olive oil | 1 tbsp white vinegar  
Blend until smooth. Add hot sauce to taste.  
Top with olive oil + smoked paprika.

### 5. Three Mayo Spreads + Spam Musubi

**Make-ahead: Spreads up to 5 days | Musubi day-of**

Sriracha Mayo: 3 tbsp mayo + 1 tbsp Sriracha + lemon  
Chipotle Mayo: 3 tbsp mayo + 1 tsp chipotle + salt  
Garlic Mayo: 3 tbsp mayo + 1 grated clove + lemon  
Spam Musubi: Slice Spam, pan-fry, glaze with soy + sugar. Press onto seasoned rice, wrap nori.

## MAKE-AHEAD TIMELINE

|                  |                                                          |
|------------------|----------------------------------------------------------|
| TONIGHT          | White bean dip + black bean dip + all 3 mayo spreads     |
| TOMORROW MORNING | Hard-boil and peel eggs   Make deviled egg filling       |
| 2 HRS BEFORE     | Assemble salami roll-ups   Cook and glaze Spam           |
| PARTY TIME       | Fill deviled eggs   Assemble musubi   Set everything out |